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| **Hello Wildwood Neighbour!** *If you are self-isolating, I can help!* | |
| **My name is:** …………………………………………………………………………………………………………………………………………………………. | |
| **I live locally at:** …………………………………………………………………………………………………………………………………………………….. | |
| **My landline / cell number is:** …………………………………………………………………………………………………………………………… | |
| **I can help with:** | |
| □ Picking up shopping | □ Posting mail |
| □ Picking up over-the-counter meds | □ Walking your dog |
| □ A friendly phone-call | □ Urgent supplies |
| □ Other: ……………………………………………………………………………………………………………………………………………………. | |
| **Please feel free to call or text me and I’ll do my best to help you (for free!)** | |
| *Coronavirus is contagious – please take every precaution to ensure that you are avoiding physical contact and you wash or disinfect your hands regularly. Items will be left on your doorstep.* | |

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